



Sample Television Viewing Policy



Child Care Center Television Viewing Policy - Sample

{Name of center} provides an activity-focused early learning environment. We believe children learn best through active participation, hands-on experiences, interactive conversation, and exploration. {Name of center} follows the recommendations established by the American Academy of Pediatrics, which has found that too much television viewing has been linked to poor performance in school, overweight children, and the establishment of poor dietary habits. As such, children at {name of center} under age two, will not have access to television viewing, which includes watching videos, or DVDs, playing with video games, and using the computer.

For children age two and older who are in care four or more hours each day, television screen time is limited to 60 minutes per week and no more than 30 minutes at a time. Computer use is limited to 15 minute increments per child, except for school-age children who are completing homework, school work, or supervised enrichment activities.

For children age two and older who are in care less than four hours per day, television screen time is limited 30 minutes per week. Computer use is limited to 15 minute increments per child, except for school-age children who are completing homework, school work, or supervised enrichment activities.

Developed by: (or provided by:)